

Camping Summer Berry Fool with a Crunchy Oat topping

Serves 8



DEVON OUTDOOR
OUTDOOR EQUIPMENT • CAMPING • CARAVANNING

TWO TARTS
COOKERY SCHOOL

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Fruit Fool:

500 g	Summer Fruit Berries
100 g	Icing or Caster Sugar
1 tbsp	Lemon Juice
300 ml	Extra Thick Double Cream

1. Mash the hulled fresh fruit e.g. Blueberries, Strawberries and Raspberries with a potato masher.
2. Sift in the icing sugar or stir in the caster sugar and combine well.
3. Stir the extra thick double cream into the fruit mixture until a thick cream.
4. Transfer to plastic cups or glasses and chill until required.

Crunchy Oat Topping:

50 g butter	2 tbsp brown sugar
2 tbsp maple syrup	200 g oats, toasted
Half tsp cinnamon - optional	

1. Put the butter, sugar and maple syrup in a saucepan and heat gently until the butter, syrup and sugar have melted to form a syrup.
2. Toast the oats on a griddle or in a pan until lightly browned.
3. Sprinkle with cinnamon.
4. Pour the butter mixture over the oats and coat well. Lay onto a plate and tray and allow to cool and set.
5. Crumble and top the fruit fool with the crunchy oats.
6. Top with fresh berries and extra cream if wanted.